

# INDEX

for

## Exploring <sup>TM</sup> Holotropic Breathwork

Selected Articles from  
a Decade of *The Inner Door*

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# Index

## A

- abandonment 294–296. *See also*: omission  
abduction, alien 295, 504  
Abelar, Taisha 336  
abreaction 269, 367, 488–489  
abuse 32, 46–48, 90, 113–114, 525–526, 540–541  
    childhood 85, 90, 99, 176–180, 184, 189–193, 196–200, 208, 217, 332, 360  
    childhood sexual 92, 113, 177–180, 188–193, 196–198, 208–209, 304–306, 384, 424  
    physical 113  
    sexual 32, 46–48  
accidents 262  
Achterberg, Jeanne 290, 527  
Acker, Louis 353  
acupuncture 228, 280–283, 548  
Adcock, Muriel 504  
Addey, John 353  
addiction 81, 117–122, 177, 220–223, 232–235, 244, 266, 292, 421–422, 438–439, 519, 524–526, 546  
    alcohol 60. *See also*: alcoholism; Alcoholics Anonymous  
    codependency 224–226  
    detoxification from 526  
    food 60, 282  
    recovery from 41–45, 215–254, 438–439  
    using Holotropic Breathwork 215–223, 227–238  
    relapse in 216–219  
    sexual 60  
    substance abuse 60, 177, 225, 518–519  
affective disorders 103–107, 177–180, 239–249.  
    *See also*: depression  
Afghanistan 505  
Africa 114, 563  
aftercare for Holotropic Breathwork 143, 571–576  
    referrals for 144 147  
age regression 259, 424–425, 456–458, 565  
Aguirre, Ana Maria 547  
AHBI 46, 84, 130, 136–138, 145, 481, 493  
    Ethics Committee of 145  
    conference 84, 493  
    mission of 493  
AHBI Ethical Agreements 145  
AIDS 210, 228, 279–283, 518  
*aikido* 457–458  
Al Azhar University 553  
Alcoholics Anonymous 33, 132, 216–219, 230–235, 281–283, 522–523  
alcoholism 178, 199, 210–211, 227, 232–235, 244, 266, 281, 518–523, 526, 541  
Alexander, Franz 258, 273  
alkalosis 271, 273–275  
allergic reaction 274  
Alterman, Silvina 547  
alternate nostril breathing 381  
alters, dissociated 185–187  
Amazon [in Brazil] 498–501  
amenorrhea 258  
American Indian 404  
American Psychiatric Association 259  
*anahata nad* 382  
ancestor worship 412–414  
ancestors 358, 412–414  
Anderson, Sherry 467  
Andolfi, Maurizio 419–422  
Andrews, Madeline Susan 499  
anesthesia 56, 73, 258–273, 358–359, 478–480, 482, 539–541  
aneurysm 95  
anger 31, 42–45, 61, 82–83, 86, 100, 207, 234, 240, 243–249, 261, 282–283, 288–291, 301, 306, 332, 360–361 391, 438–439, 488–489  
angina 56  
angina pectoris 274  
anorexia 81, 292–296  
anoxia 56  
antidepressants 242–252, 265. *See also*: medication  
antihistamines 244. *See also*: medication  
antipsychotics 247–249, 340. *See also*: medication  
antisocial personality disorder 178  
anxiety 55, 81–83, 105–107, 127, 177, 225–226, 234, 244–252, 258–260, 264, 271–272, 274, 292–296, 332, 360, 406–411, 421, 424, 486–489, 518–519, 525–526, 529  
anxiolytics 250–252. *See also*: medication  
Anzari, Patricia 538  
aphonia 258  
apnea 275  
appendicitis 300  
Arabic 555–556  
archetypes 43–46, 65, 163, 171, 183, 262, 267, 275, 345–346, 350–351, 353–359, 362 364–371, 419–422, 431–436, 450–453 455–458, 463–496, 505–511  
Argentina 537, 547–550  
Arons, Mike 504

- arrhythmia 300  
 Arrien, Angeles 134–135, 499  
 Arroyo, Stephen 353  
 art, as integration 161, 171  
     using modeling clay for 166  
 art therapy 161–166, 168–172, 223  
 Artens, Lauren 499  
 arthritis 274, 288–291, 518  
 asanas 121, 377–379, 386–389  
 Association for Holotropic Breathwork International  
     46, 84, 130, 136–138, 145, 481, 493  
     Ethics Committee of 145  
     conference 84, 493  
     mission of 493  
 Asociación Latinoamericana de Respiración  
     Holotrópica y Psicología Transpersonal 548  
 Association of Free Breath 542  
 astasia 258  
 asthma 258–276, 280–283, 300, 486, 517–519  
 astrology 43, 345–372, 504, 548  
     planetary transits in 63, 317, 350–351  
     prediction of NOSC content by 362  
     timing of sessions with 350–351  
 astronomy 470–473  
 auditing 262  
 Aurobindo 454, 457  
 Australia 409, 537, 563  
 Austria 537–538  
 ayahuasca 74  
 ayurveda 305, 396–400  
 Aztec 506
- B**
- B., John 230  
 Baba Olatunji 486  
 Bache, Christopher M. 499, 504  
 back pain 280–283, 292–296  
 Baggins, Bilbo 62  
 Baker, Don 123, 133, 297  
 barbiturates 242–249, 266  
 Barcellos, Guilhaerme 499  
 bardo 366  
 Barrera, David 415–416  
 Barrett, Wendy 188, 571  
 Basic Perinatal Matrices, Grof's 59–65, 115, 190,  
     196–198, 225–226, 285–287, 323–325,  
     363, 432, 437–439, 455–458, 504  
 BASK (or BASC) model 182  
 Bassett, Jeff 169  
 Bateson, Gregory 432–436, 521–523  
 Beck, Joko 47  
 bedwetting 295  
 beginner's mind 183  
 Belgium 537  
 Belkin, Aaron 542–543  
 benzodiazepines 244–252, 340  
 Berenson, David 419–422  
 beta blockers 244, 384  
 bin Laden, Osama 506  
 bioenergetic blockage 261, 276  
 bioenergetic therapy 32, 188, 548  
 biofeedback 33  
 biographical experiences 46–48, 199–203,  
     221–223, 275, 285–287, 355–357, 534  
 Bipolar Disorder 105, 107, 239  
 birth 59–62, 66–67, 72, 164, 196, 201–203,  
     221–226, 262, 264, 268, 275–276, 355,  
     371, 408, 456–458, 465–467, 496,  
     519, 531  
 breech 113, 301–302  
 Caesarian 292, 482, 519  
 canal 262  
     premature 358–359  
     the experience of 66, 262, 355  
     transpersonal experiences during 531  
 birth trauma 113, 225, 274, 456–458, 482, 539  
 bladder 292. *See also:* pain: chronic  
 bliss 62, 117–122, 163, 337, 386–389, 391,  
     484  
 Bloch, Douglas 352  
 blood disorder 298  
 blood pressure 56, 305–306  
     high 56, 272  
 Blum, Carleen 210  
 Blum, Richard 210  
 blurred vision 274  
 Bly, Robert 336  
 Body-Centered Psychotherapy 486  
 bodywork 79, 101, 149, 179, 197–198,  
     204–207, 222, 240–241, 261, 293–296,  
     307–309, 329, 394, 396, 427, 478–480,  
     484–486, 488, 556, 564  
     for integration 101–102, 305–310  
 Bohm, Ahmayo 403, 412  
 Bohm, Sheelo 403, 412  
 Bohr Effect 53  
 Bolen, Jean Shinoda 69  
 Borderline Personality Disorder 178, 243, 250–252,  
     442–446  
 Boroson, Martin 29, 35, 117, 449, 539  
 Borysenko, Joan 134, 138  
 boundaries 60–61, 68–70, 93, 140–144, 149,  
     183, 191, 198, 206–207, 224–226, 308,  
     319–322, 331, 445–446, 572  
 ego 420  
     with trauma survivors 192

- BPM I 59–65, 72, 225–226, 285, 363, 534,  
toxic womb in 300–302
- BPM II 59–65, 71–72, 75, 82–83, 90–91, 118,  
132, 191, 196–198, 224–226, 252, 285,  
335, 350–351, 371, 431–436, 438–439,  
456–458, 505–511, 540–541
- BPM III 59–65, 72, 90–91, 190–191, 196–198,  
224–226, 316–318, 335–337, 363,  
406–411, 438–439, 456–458, 505–511
- BPM IV 65, 224–226, 350–351, 356–357  
363, 364–371, 422
- BPM IV 59–62, 224–226, 350–351, 363–371,  
422, 451–453
- Bradshaw, John 222–223
- brain tumor 274
- brain waves 55–58, 273–278, 532–533  
alpha 273–278  
beta 273–278  
P300 533  
theta 273–278
- Bramly, Serge 404
- Bravo, Gary 499
- Brazil 395, 498–501, 537, 547, 550–552
- breakthrough 268, 361
- breathing  
alternate nostril 381  
daily 316–318  
types of 484
- Breathnet 247. *See also*: Holo-Cert; Holo-Interest
- Brightman, Thomas Merton 87, 92, 96, 111, 123,  
128, 303, 567
- Brinkley, Dannion 335
- bronchitis 276, 518
- Brother Andrew 504
- Brown, Ivor 269, 539–541
- Browning, Rebecca B. 323
- Buchanan, John 504
- Buckminster, Marcia Shantee 360
- Buddha 34, 73, 180, 314
- Buddhism 99, 449  
loving kindness in 451–453
- Bulimia 60
- Burns, Stephanie 328
- Bush, George W. 506
- C**
- Caesarean birth 292, 482, 519
- Cahill, Sedonia 135
- calcium 275
- California Institute of Integral Studies 347
- Campbell, Joseph 41, 62, 335
- Canada 79, 94, 103, 239, 242, 498, 537,  
541, 571
- cancer 49, 274, 279–283, 326–327, 339,  
518, 548
- Cannon, W. B. 271
- Cappetta, Pamela 148, 292
- Capra, Fritjov 470–473
- carbon dioxide level 53
- Cardinal, Shawn 233, 525, 527, 528
- cardiospasm 274
- cardiovascular disease 96, 275, 569
- cardiovascular symptoms 54–58
- Caregiver Trauma Vortex 182
- carpopedal spasms 271–272, 275
- Carter, Charles 353
- Cartesian paradigm 50–51
- cartography, Grof 47, 59–62, 430–436, 455–458,  
488, 504. *See also* Holotropic Breathwork:  
scope of
- Casey, Caroline 352
- Castaneda, Carlos 66, 336, 366
- catharsis 308, 367, 382–384, 386, 485–486,  
520–523
- Catholic Church 540, 551–552, 557–559
- cellular change 286
- cellular healing 290–291
- cerebrovascular disease 56
- cerebrovascular symptoms 57
- Cermak, Timmen 224–226
- cervix 59
- Cesarean birth 292, 482, 519
- chakra* 286–287, 298, 328, 377–379, 381–384,  
392–394, 465–467, 482, 499
- Chandrasekharanand Saraswati 395
- chanting 30, 119, 328–329, 382, 415–416,  
435–436, 463
- chest pain 274
- chi* energy 271
- childbirth 200, 263, 531. *See also*: birth  
transpersonal experiences during 531
- childhood sexual abuse 92, 113, 177–180,  
188–193, 196–198, 208–209, 295,  
304–306, 384, 424
- Chile 415, 537, 547
- Chinese medicine 277
- chiropractic 280–283, 295
- choking 33, 335
- cholelithiasis 274
- Chrastanska, Lida 538
- Christ 73, 314, 383, 392, 506–511
- Christie, R. V. 271
- Chvostek's Reflex 271
- circular breathing 478
- circulation 276
- cirrhosis 234
- codependency 215–226

- COEX 33, 46–48, 60–62, 71, 75, 80, 82–83, 170–172, 268, 356–359, 412–414, 427–429, 435–436, 456–458, 484–486, 505–511
- cognitive dissonance 67, 81, 127, 144
- colitis 258–273
- collage 168–172, 183
- collective unconscious 262. *See also:* Jung, C.G.
- Colorado Institute for Conflict Resolution 136
- Common Boundary magazine 495
- communism 368
- community 131–141, 193
  - stages in 137
  - truth in 135
- compassion 332–333
- Compton-Schmidt, Jim 62, 123–124, 437
- Compulsive Disorder, Obsessive- 81–83, 225
- conception 425, 484, 496, 519
- conferences
  - Association for Holotropic Breathwork International 493
  - Grof, Esalen 504
  - International Transpersonal Association 494, 498
- Conference Recording Service 495
- connection 62, 132, 133, 181–183
- consciousness 49–51
- constipation 258
- contraindications 94, 97, 243, 275, 428, 484–486, 563–566, 569
- conversion experience 522
- Conversion Disorder 258, 518–519
- Corazon, Linda Rosa 499
- Cornelius, Geoffrey 352–353
- coronary artery disease 54, 273
- Cosmic Mountain 410
- Council for Spiritual Practice 499
- countertransference 193
- cranial-sacral therapy 329
- Creation 466
- cutting 81. *See also:* self-harm
- cyanosis 275
- cybernetics 522
- cystitis 284–287, 518
- Czech Republic 257, 370, 494, 496, 537–538
- D**
- Dalai Lama 42
- Damewood, Graciela 392
- dance 158
- dark night of the soul 323–325, 333, 359
- David, Boris 538
- DBT. *See:* Dialectical Behavior Therapy
- De Alverga, Alex Polari 499
- De Mello, Phillippe Bandeira 499
- death 72, 262, 264, 301, 313–315, 332–333, 334–341, 360–361, 368–371, 387–389, 409, 437–439, 449–453, 457–458, 481, 506–511, 518
- Death, archetype of 313
- death-rebirth 44, 131, 224–226, 286–287, 316–318, 367–368, 370–371, 457–458, 494, 524–526
- decompensation 192
- defense mechanisms 258–259
- deficiency 69. *See also:* omission
- DeFilippo, Cynthia 199
- demonic experiences 265–268, 368, 452
  - of possession 265–268, 518
  - in the case of *Flora* 265–268
- denial 225, 437
- Denmark 494, 537, 545–546
- dependency 70, 259
- depression 59–62, 81, 90, 99–100, 105–107, 113–114, 117–122, 178, 204–207, 225, 239–241, 243–249, 251–252, 264–274, 292–296, 355–357, 432–436, 438–439, 486–489, 517–519, 525–526 529, 540–541
- Depression, the Great 368, 371
- Descartes 457
- despair 335
- dharma* 314
- diabetes 518
- diagnosis 30, 59, 81–83, 190–193, 242–249
- Dialectical Behavior Therapy 442–446
- diarrhea 258, 260–274, 281–283, 572
- DID (Dissociative Identity Disorder) 182, 184–187, 190–193, 210–212, 243, 250–252, 258
- DiLeo, Franco 504
- Dinan, Stephen 123, 127, 131, 151, 454
- Dionysius 43, 366–371
- diphtheria 275
- disconnection 234
- dismemberment 406–411
- dissociation 90, 177, 182–195, 197–198, 210–212, 250–252, 295–296, 424, 518–519
  - alters in 194
    - child 190
    - infant 185–187
    - switching between 187
  - and transpersonal experiences 194–195
- dissociative disorders 178, 195. *See also:* Dissociative Identity Disorder
- Dissociative Identity Disorder 182, 184–187, 190–193, 210–212, 243, 250–252 258
- D'jai I Hud* 499

*Djara* tribe 409  
 DMT 499  
 Doblin, Rick 495, 504  
 doing/not-doing 79, 99–100, 467  
 domestic violence 178  
 dopamine 222  
 dreamwork 160, 394  
 drug addiction 177, 225, 519, 521–523, 526  
   treatment of 227, 518–520  
 Druids 541  
 drumming 120, 233, 415–416, 423–425, 528  
 drumming circle 120  
 DSM IV 442  
 dual relationships 145–150  
 duality 301, 432–433  
 Duffy, Martin 539  
 Dunbar, H. Flanders 259  
 Durga 463  
 dying 437–439 *See also*: death  
 dyspareunia 258

## E

Earl, Bob 233  
 Earth, Mother 506–511, 514  
 Ebertine, Reinhold 353  
 ECG (electrocardiogram) 272  
 Eckstein, Kiu 395  
 eclipses 369  
 ecology 457, 518  
 ecstasy 118, 355, 386, 484, 498–501  
 Ecstatic Remembrance (GTT module) 462–464  
 eczema 258–274  
 educational setting, Grof's theory in 552, 558  
 Edwards, David 166  
 EEG (electroencephalogram) 56–58, 273  
 Egan, Barbara 539  
 Egleston, Scott 557–559, 575  
 ego 132, 259  
 ego death 371, 408, 450  
 Egypt 553–556  
 Eliade, Mircea 408–411, 527  
 Ellenberger, H. B. 426–429  
 Elterich, Rudolf 423  
 email 140, 141, 160. *See also*: Holo-Cert;  
   Holo-Interest  
 EMDR 61, 80, 160  
 emphysema 273  
 empowerment 84, 87–89, 143, 329, 361  
 England 537, 541  
 engrams 262  
 enmeshment 225–226  
 enneagram 59  
 epilepsy 273–274

Erickson, E. 59  
 Erickson, Milton H. 423, 427–429  
 Ericksonian hypnotherapy 423–426  
 Erlewine, Stephen 353  
 Esalen Institute 206, 230–231, 263, 362,  
   371, 504  
 Eskimo shamanism 409  
 Essenes 270  
 Ethical Agreements of AHBI 145–147  
   process of creating the 145–147  
 ethics 142  
   AHBI's Ethical Agreements 129  
   non-ordinary states of consciousness, in 142–147  
   of confidentiality 146  
   of dual relationships 147  
   professional supervision for 147  
   sexual contact with clients, of not having 147  
   with trauma survivors 179

## F

Facilitation of Breathwork, competence for 144, 146  
 Fadiman, Jim 84  
 Faro, Sharyn 493  
 Farrell, Jean 541  
 fascism 368  
 fatigue 264  
 fear 99, 107, 191, 194–195, 234, 250–252,  
   261, 283, 336  
 Feldberg, Marilyn 499  
 Feminine, the 68–70, 335, 368, 376–379,  
   465–467  
   healing the 68  
 Ferrer, Jorge 504  
 fibrosis 274  
 Figi 537  
 First Matrix 9–65, 72, 225–226, 285, 363, 534  
   toxic womb in 300–302  
 Fischer, Roland 423  
 flashbacks 178, 185–187  
 Florio, Gustavo 547  
 focused energy release work 308–309, 427, 435,  
   556, 578. *See also*: bodywork  
   touch in 144  
 Forester, Judy 13, 68, 85, 99, 196  
 forgiveness 309, 337  
 Forrest, Steven 352  
 Forte, Robert 504  
 Foundation for Shamanic Studies 408–411  
 Fourth Matrix 59–62, 224–226, 350–351,  
   363–371, 422, 451–453  
 Fox, Arlene 103, 239  
 France 115, 481, 502, 537–538  
 Freeman, John 520

- Freud, Sigmund 34, 59–62, 131, 201–203, 247–249, 371, 455–458, 518
- Fried, Robert 57–58, 271–278
- Frost, Robert 494
- Frost, Seena B. 172, 183
- Fuchs, Ronald 115, 481–482
- G**
- GABA 55–58
- Gagan 527
- Galileo 470
- galvanometer 262
- Gandhi 367–371
- Gang, Philip Snow 499
- Garfield, Charles 135
- Gastroenteritis 297–299
- Gee, Thomas C., Jr. 233
- Gendlin, Eugene 113, 419–422
- George, Demetra 352
- Germany 385–386, 412, 423, 537–538, 541
- Gestalt Therapy 188
- Gibson, Craig 499
- Gibson, Elizabeth 113, 201, 553
- Gibson, Lenny 49, 326
- Gilligan, Stephen 426, 430, 432, 434–435  
Self-Relations theory of 430–436
- Gilliland, Jay 307, 316
- Goel, B. S. 382
- Goldberg, G. J. 271
- golfer 131
- Gopi Krishna 382, 399
- Gorbachev, Mikhail 371, 542–543
- Gordon, Geoffrey 462–464, 500
- Gorsky, Sergey 542
- Gotswami, Amit 499
- Gould, Mary-Louise 175, 181–183, 193, 208
- Graves Disease 282
- Great Depression 368, 371
- Great Mother 465–466
- Greece 541
- Green, Carolyn 330
- Greene, Liz 353
- Greenwell, Bonnie 393
- Gresham, Anne 300, 442
- Gresham, Steve 300, 442
- Griebenow, Lynda 557–559, 575
- grief 69, 90, 199, 234, 240, 258, 282–283, 289, 301, 340, 437–439, 508–511, 525–526
- Griffin, Susan 405
- Grob, Charles 495, 499
- Grof cartography 47, 59–62, 117–122, 226, 248, 363, 420–422, 430–436, 441, 455–458, 488, 504
- Grof, Christina 30, 52, 122, 139–141, 188–193, 230, 257, 369–371, 392, 477, 483, 493–494, 499, 504, 527, 543
- Grof, Paul 103, 499, 504
- Grof, Stanislav 30, 33, 47, 51–58, 59–65, 69, 75, 79, 97–98, 115–116, 122, 124, 126, 131–133, 139–141, 188–193, 201, 212, 224–226, 230–231, 233, 247, 257, 285–287, 291, 294–296, 304–306, 323–325, 329, 335–337, 345–346, 348, 352–354, 360, 362–371, 381–384, 392–394, 400, 430–439, 449–458, 477–480, 482–486, 493–498, 502, 504, 507–511, 517, 527–530, 538–552, 563–566
- 70th Jubilee Celebration for 543  
and astrology 362, 364–371  
astrological chart of 365
- Grof Transpersonal Training 41, 46, 52–58, 124, 126, 134, 136, 139, 141, 145–147, 164, 181–183, 188, 204–207, 231, 234, 248, 286–287, 298–299, 319–322, 329, 338, 347, 356–357, 359, 392–393, 415–416, 434–436, 479, 517, 528, 537, 539–541, 543, 550–552, 558
- Advanced Training of the 136  
certification by the 146, 171, 543  
community in the 132  
modules of the  
Art of Integration 156  
Ecstatic Remembrance 462–464  
Grof/Kornfield Retreat 449–453  
Shamanism 415–418  
Trauma and Transformation 170–172, 181  
Scandinavian training of the 545–546
- group sharing *See: Sharing Group, Holotropic Breathwork*
- group therapy 226, 443–446, 566  
combined with Holotropic Breathwork 228
- groups, Holotropic Breathwork  
on-going groups in 103–107, 132, 189, 192, 223, 226, 228, 240, 251–252, 300, 442  
frequency of attendance of trauma survivors in 192  
residential 189  
women's 189, 228
- Grue, Karen Helle 113, 545
- GTT *See: Grof Transpersonal Training*
- guilt 59–62, 268
- H**
- Haiku 157
- Hakomi Institute 205



- Hakomi therapy 204–207  
 Haldol 340. *See also:* medication  
 Haley, Jay 424  
 Halifax, Joan 257  
 hallucinations 55–58, 339, 463  
 hallucinogens 504  
 Halprin, Anna 158  
 Hand, Robert 354, 507, 509  
*Hanuman* 462–464  
 Hardy, Christina 504  
 harm, self *See:* self-harm  
 Harmon, Terri 204  
 Harner, Michael 408, 499, 527–530  
 Harrigan, Joan 395, 398, 400  
 Harrington-Terres, Vinny 101  
 Harvey, Charles 353  
*hatha yoga* 285–287  
 Haug, Diane 156, 415–416, 543, 545–546, 558  
 Havel, Vaclav 496–497  
 Hay, Louise 281  
 headaches 264, 272, 275. *See also:* migraine  
   headaches  
*Healing Breath, The* 172  
 heart palpitations 258  
 heart problems 96–98, 272. *See also:* cardiovascular  
   problems; Holotropic Breathwork:  
   contraindications for  
 Heiman, Jarvin 570  
 Heinroth 258  
 Hendricks, Gay and Kathleen 483–486  
 Hepatitis C 234  
 Herman, Judith 251  
 Hero's Journey, The 62  
*hieros gamos* 369  
 High Priest archetype 367  
 Higher Power 218, 222, 233–235  
 Hillman, James 353, 419–422  
 Hindu 44  
 Hip pain 280–283  
 Hitler, Adolph 504  
 HIV+ 228  
 Hoasca project 499  
 Hofmann, Albert 502–503  
 Hofmann, Anita 502  
 Hoivik, Anne 162  
 Holland 537, 541  
 Hollander, Lauren 498, 500  
 Hollyhock Farm 188  
 Holo-Cert listserv 91, 129, 130, 136–138,  
   140–141, 151, 247, 304  
 Holo-Interest listserv 136–138, 140  
 Holotropic Breathwork  
   addiction in 243  
   adequacy of training for 144  
   aftercare for 187, 575  
   age regression in 565  
   amplification in 345–346, 450  
   apprentices 146  
   art in 161, 168, 223, 479, 564–566. *See also:*  
     art therapy  
     mask making as 158, 416  
     SoulCollage as 158, 168–172  
   as midwifing inner process 465–467  
   as training for life 313–342  
   Association for. *See:* Association for Holotropic  
     Breathwork International  
   boundaries in 191, 197, 216, 223  
   Breather, being a 564–566  
   business end of Facilitating, the 117–133  
   certification in 479  
   combined with therapy 223, 226, 228,  
     443–446, 566  
   communicating about 84, 87–89, 220  
   community in 120, 134–141 170  
     e-mail in 136. *See also:* Holo-Cert; Holo-  
       Interest  
     structure of 135  
     types of 140, 131–133  
   competence in Facilitation of 146–147  
   components of 420  
   confidentiality in 149–150  
   connection in 81, 193  
   contraindications for 94, 97, 243, 428,  
     484–486, 563–566, 569  
   corrective experience in 68–70  
   description of 564  
   discounted fee for 129  
   diversity in 125, 525  
   drop outs from psychiatric group with 103–107  
   dual relationships in 145–150  
   effect on relationship from 108–112, 330–331,  
     538, 571–574  
   ethical guidelines for 145  
   ethical practice in 145–150  
   experience of relationship in 67  
   experiences in  
     amplification of 169–172  
     anesthesia 73–76  
     biographical 46–48, 199–203, 221–223  
       275, 285–287, 355–357, 534  
     birth 66, 164, 262, 300, 335–337,  
       355–357.  
     compassion 205, 468–469  
     death 33, 72–76, 301. *See also:* death  
     demonic 164–165, 185–187. *See also:*  
       possession, demonic  
     describing one's 43  
     dismemberment 406–411

- Holotropic Breathwork (cont.)
- experiences in (cont.)
    - fear 384
    - fear of dying 185
    - feeling trapped 196
    - initiatory 406–411
    - integration of 156–172, 207, 403–405, 412–414, 458
    - memory retrieval 46–48, 90–91, 565–566
    - metaphor in 96–98
    - 'nothing happened' 71–76
    - omission 68–70, 95, 97, 99–100, 196–198
    - overtone chanting 329
    - past-life 263–264, 305–306, 356–357, 422
      - See also* past-life experiences
    - perinatal 48, 63–65, 222–223, 225, 355–357, 425
    - reliving past 189–193, 201, 205–207
    - sacrifice 196–198, 286
    - shamanic 406–411. *See also*: shamanism
    - sleep 71–76, 459
    - surrender 221–223
    - therapy, and 226, 239–254, 419–446, 487–490, 566. *See also*: therapy; groups;
    - transpersonal 48, 62, 70, 199–201, 221–223, 226, 230–231, 287, 291, 489
  - families participating together in 108–112
  - focused energy release work in 44, 308–309, 427, 435, 556, 578
  - group facilitation skills in 128, 144, 146
  - how to talk about 221–223
  - hypnosis and 423–429
  - in organizations 223, 228, 239
  - in prisons 133
  - in recovery 215
  - informed consent for 94, 97, 563–567, 569
  - large group format for 94, 131–133
  - length of sessions in 485–486
  - liability waiver for 98
  - making decisions after 576
  - marketing of 117–133
  - "meta-therapy", as 29–34, 117–122. *See also*: Holotropic Breathwork: scope of
  - music for 15, 477, 528–530
  - ongoing groups with 103–107, 132, 189, 223, 226, 240, 251–252, 300, 442
  - past-life 33, 46, 48, 90, 175, 222–223, 262–265, 268, 275, 305, 356–357, 422, 482, 519
  - physical symptoms and 99–100, 257–283, 288–291, 292–296, 430–436, 577–578
  - poetry in 162
  - precognition in 115–116, 326–327, 478, 507
  - pregnancy and 565–566
  - pricing of workshops for 27, 123–130,
  - profit in Facilitating 123–130
  - psychotropic medication and 242–254.
    - See also*: medication
  - questionnaires for 228, 577–585
  - recovery in 220, 227–229. *See also*: addiction
  - relationships in 112, 330
  - research with 53, 517, 524–526, 532–534, 563
  - residential setting for 129, 227–229
  - resistance in 86, 221–223
  - safe container for 82, 93, 131, 140–141, 146, 175–181, 183, 209, 223, 227, 251, 329, 369, 393–394, 397, 428, 431, 452, 540–541, 563–566
  - scope of 29–34, 117–122, 248, 488
  - screening participants for 107
  - snoring in 74
  - therapy and 113–114, 239–254, 419–446
  - touch in 144, 197, 295–296, 564–566
    - with trauma survivors 178–180, 191
  - UFO experiences in 295, 504
  - use of in other modalities 119
  - using astrology in 344–372
  - witnessing function in 66–67, 192–193, 313–315, 468–469
  - workshop frequency of 130
- homeopathy 277, 280–283, 396
- Hone, Margaret 353
- hopelessness 60, 82, 335, 432–436
- Hopkins, Patricia 467
- hospice 340, 437–439
- Hrabanek, Milan 538
- Huang, Al 498, 500
- Hubbard, Ron 262
- Huey, S. R. 273
- Huxley, Aldous 454–458, 471–473
- Hyde, Maggie 352
- hydrochloric acid 276
- hylotropic 124, 130, 140
- hyperarousal 251
- hypersecretion 260
- hypertension *See*: blood pressure: high
- hyperthyroidism 274, 281–283
- hyperventilation 52–58, 257–278, 423–425
  - spontaneous episodes of 277
- hypervigilance 225
- hypnosis 55–58, 160, 269, 423–436, 546, 548.
  - auto- 194
  - Ericksonian 426–429
- hysteria *See*: Conversion Disorder
- hysterical paralysis 261

## I

*Ida* 377–379  
 ideomotor signaling 427–429  
 imagery, guided 290  
 immune system 290  
 impotence 258  
 Impulse Disorder 225  
 incest 177, 178, 199, 505, 518  
 incubator 292, 358–359  
 India 395, 537, 557  
 individuation 420, 548  
 infections, chronic 276  
 informed consent 94, 97, 143, 228–229, 563, 569  
     form for 563–569  
 Ingerman, Sandra 527–530  
 initiation 406–411  
 initiation rites 323  
 inner child 32, 205–207  
 Inner Healer 79, 85–86, 121, 168–172, 182–183, 195, 204–207, 290–291, 297–299, 319, 322, 346, 351, 400, 428–429, 433–436, 446, 467, 478–482  
*Insight and Opening* 139, 285–287, 392, 449–453, 507  
 Insight Meditation 449, 452  
 insomnia 258  
 Institute of Transpersonal Psychology 358  
 integration 75, 101–102, 133, 165, 183, 226, 307–309, 316, 387, 391, 407–411, 424–425, 431–436, 458, 479, 482, 484, 488–489, 541, 552, 558, 575–576.  
     See also: Holotropic Breathwork: experiences: integration of  
 International Transpersonal Association 298, 367–371, 494–495, 498–501  
 Interstitial Cystitis 284–287  
 Ireland 119, 298, 537, 539–541  
 Ireland, Northern 537  
 Iroquois Confederacy 135  
 Irritable Bowel Syndrome 281–283  
 Ischemia, vascular 299  
 Islam 506–511, 555–556  
 ITA See: International Transpersonal Association  
 Italy 537, 541

## J

Jacobi, Max 258  
 Jai Uttal 462–464, 500  
 James, William 370  
 Japan 537, 563  
 Jardim, Álvaro 550

Jefferys, Barbara 224  
 Jefferys, Brack 220, 483, 487  
 Jesus 73, 314, 383, 392, 506–511  
 John B. 230  
 Jones, Sandi 134, 214  
 Journal of the Russian Academy of Sciences 533  
 journaling 157–161, 204–207, 572, 575  
 joy 83, 86, 193, 316, 319, 571  
 Judaism 414  
 Jung, Carl G. 131, 201, 267, 290, 347–349, 353, 393, 420–422, 449, 545–546  
 Jupiter 63–65, 350–351, 356–361, 366–371

## K

Kabil, Cynthia Gonzalez- 553  
 Kabil, Yahia 553  
 Kali 463, 508–511  
 Kardec, Alan 551  
 Kashmir Shaivism 30  
 Kaspar, Mira 538  
 Keepin, Will 504  
 Kelly, Ray 90, 123–130, 319  
 Kelly, Sean 504  
 Kesich-Shank, Lorri 477  
 ketamine 539, 546  
*khecari mudra* 378–379, 382, 388  
*ki* 271  
 King, archetype of the 367  
 King, Steven 375, 380  
*kirtan* 462–464  
 Kmunicikova, Zdena 538  
 Knievel, Evel 319  
 Kohlberg, L. 457  
 Koran 507  
 Kornfield, Jack 139–141, 157, 215, 285, 334, 449–453  
 Kripalvandaji, Swami 461  
 Krippner, Stanley 499  
*kriya yoga* 33  
*kriyas* 386–389, 398–400, 451  
 Kropotov, J. 533  
 Kubler-Ross, Elisabeth 62, 437–439  
 Kudrle, Stanislav 538  
*Kundalini* 48, 50, 165, 366–371, 375–400, 465–467  
     arousal or awakening of 375–379, 385–400  
     relationship of trauma to 384  
 Kundalini Research Network 395  
 Kursa, Jarda 538

## L

LaBerge, Stephen 468–469, 543

- lactic acid 273  
 Laing, Ronald 166  
 Lake, Frank 539  
*Lakota* tribes 416  
 Larsen, Robin 499  
 Larsen, Steven 499  
 Laszlo, Ervin 257, 504  
 Laut, Phil 480  
 Learner, Michael 326  
 learning disabilities 177  
 Leary, Timothy 501  
 Leinhart, Candace 337  
 Leonard, George 457  
 Leonard, Jim 480  
 Lessin, Alex (Sasha) 440  
 Levine, Peter 204–207  
 Levine, Stephen 100  
 libido 259, 262  
 life review 334–337, 339  
 Lincoln, Abraham 367  
 Linehan, Marsha 442–446  
 Linsley, Stephen 297  
 Little, Anne 358  
 loneliness 61, 69, 234  
 love 86, 132, 391, 513  
 LSD 52, 221, 230, 233, 362–378, 502–504, 546, 563  
     discoverer of 502–503  
 lucid dreaming 74, 328, 468–469  
 Luna, Luis Eduardo 499  
*Lunga* tribe 409  
 Lupus Erythematosus 300–302  
 Luxembourg 537
- M**
- Machu Pichu 398  
 Maciel, Carmen 550  
 Mack, John 295, 499, 504  
 Magician, archetype of the 62  
 Mahayana Buddhism 378–379  
 Mahl, G. F. 260  
 Mahler, G. 457  
 Maikov, Vladimir 542  
 Major Depressive Disorder 243–249. *See also:*  
     depression  
 Malone, Patrick 419  
 Malone, Thomas 419  
 mandalas 68–71, 115–116, 158–161, 166–167, 187, 192–193, 280–283, 285–287, 326, 338, 435, 479, 505, 519, 534, 575, 578  
     recognitive quality of 116, 298–299, 326  
 mania 81–83, 107, 239–241  
 Manne, Joy 172  
 mantra 462–464  
 MAPS 499  
 Marotti, Maria 415  
 Mars 348–351, 357–361, 366–371  
 Martin, Kevin C. 103  
 Marx, Karl 383  
 Masculine, the 376–379, 465–467  
 Maseah, Robert 232  
 mask-making 158, 162, 165, 416, 558  
 massage 307–309, 329, 548  
 Max, Peter 233  
*maya* 388  
 McKenna, Terence 543  
 McSevenny, Camille 284  
 Meadows, Patricia 181, 390, 465  
 medical form 95, 97, 569  
 medication 190, 216, 340, 384, 551  
     psychotropic 239–240, 242–252, 286–287, 443–446  
 Medina, Diana 557  
 meditation 30, 42, 161–165, 170, 172, 228, 231, 233, 239–241, 383, 385–390, 393, 404–405, 416, 445–446, 449–461, 463–464, 489, 572  
 memories, traumatic 46–48, 90–91, 572–574  
 memory 46–48, 90–91, 337  
 menstrual cramps 258, 304  
 Merbis, Nienke 539–541  
 Mercado, Gilberto 558  
 Mercury 367–371  
 Mesach, Robert A. 232  
 metaphorical experience 90  
 Metcalf, Byron 233, 524, 527  
 Metzner, Ralph 336, 495, 499, 504  
 Mexico 412, 537  
 Middleton-Moz, Jane 499  
 midwifing, Facilitation as 465–467  
 migraine headache 258–274, 292–296, 517  
 Miller, Amy 194, 208  
 Mindell, Amy Louise 499  
 Mindell, Arnold 499, 543  
 Mirsky, I. Arthur 259  
 Mithoefer, Annie 52, 563  
 Mithoefer, Michael 52, 149, 303, 563  
 MMPI 106, 362  
 Montagu, Ashley 66  
 Moon 348–349, 358–361, 368–371, 508–511  
 Moore, Jill 550–552, 558  
 Mother, archetype of the 369, 514  
 Mother Earth 200, 415–416  
 Mountain Astrologer magazine 507  
 MPD 184–187, 210–212  
 Muktananda, Swami 398

Mull, Laura 493  
 Muller, Charles 75  
 Multi-Disciplinary Association for Psychedelic Studies 499  
 Multiple Personality Disorder 184, 208–212, 250–252, 495, 518  
 multiplicity 185, 194, 495. *See also*: Dissociative Identity Disorder; Multiple Personality Disorder; dissociation  
   transpersonal aspects of 210  
*murcha* 461  
 Murphy, Michael 371, 457, 543  
 music 15, 151–155, 477, 528–530  
   projection onto the 83, 263  
 Muslim 507–511, 554. *See also*: Islam  
 Mutwa, Vusumazulu Credo 499  
 Myers-Briggs 59  
 myositis 274  
 mythology 409–411

## N

*nadis* 377–379, 388–389, 395–400  
 Nalloor, Selma 558  
 narcoanalysis 269  
 Nasse 258  
 Native American 233, 404–405, 415–416  
 nausea 258, 274, 336  
 Nazis 371, 413  
 near death experiences 31, 263, 292–296, 301–302, 334–337, 385, 398–400, 504–511, 519  
   near-drowning in 275  
 neediness 99 *See also*: omission; dependency  
 neglect in childhood. *See also*: omission  
 neglected self 431–436  
 Nelson, John 419  
 Neptune 63, 351, 356–361, 366–371, 509–510  
 neurosis 274, 518  
 New England 265  
 New Zealand 537  
 Nisker, Wes 499  
 non-ordinary states of consciousness 32, 47–48, 52, 66–67, 122, 142–144, 146–147, 162–165, 181–183, 200–203, 209, 228–229, 262, 270, 287, 299, 330–331, 339, 347–351, 356–357, 370–371, 387, 404–411, 419–422, 426–429, 439, 457–458, 463, 470–473, 485–486, 505–511, 518–523, 531, 541, 546, 563, 565–566  
   and astrology 350–351  
   ethics in 142–147  
   spontaneous 406

Northern Ireland 537  
 Norway 162, 537  
 NOSC *See*: non-ordinary states of consciousness  
 Nourse, James C. 406  
 Nourse, Judith 279, 577  
 nursing 279–283

## O

obesity 282–283  
 Object Relations 259  
 Obsessive-Compulsive Disorder 81–83, 225  
 O'Connell, Timothy J. 419, 462  
 Odin, Steve 504  
 Olatunji, Babatunde 153–154, 484  
 omission 68–70, 95, 97, 99–100, 196–198  
   corrective experience for 68–70, 99–100, 196–198  
 O'Neill, Patrick 134  
 on-going groups 103–107, 132, 189, 192, 223, 226, 228, 240, 251–252, 300, 442  
 oral contraceptives 245  
 ordinary states of consciousness 67, 136  
 orgastic inability 258  
*orgon* 262  
 Ornish, Dean 279–283  
 Orr, Leonard 477–482  
 osteoporosis 518, 565  
 O'Sullivan, Sean 79, 94, 242, 250, 498  
 out-of-body experiences 385, 455, 504, 519, 531, 539  
 Overeaters Anonymous 282  
 overtone chanting 329

## P

P300 brain waves 533  
 Pacey, Ingrid 181–184, 188, 208, 250, 571  
 Padinjarekara, Francis 557–559  
 pain, chronic 148, 258–278, 280–281, 283–296, 300–302, 304–305  
 pancreas 274  
 pancreatitis 300  
 panic 177, 204–207, 243–250, 274, 292–296, 305–306  
 panic attack 274, 305–306  
 Panic Disorder 177, 243–250, 292–296  
 Panno, Norma 547  
 Paracletus 246  
 paranoia 81–83, 285–287, 359  
 parasthesias 55–58  
 Parrish, Claire 170–171  
 past-life experiences 33, 46, 48, 90, 175, 222–223, 262–265, 268, 275, 305, 356–357, 422, 482, 519

- Pavlov, I. 532  
Paxil 246, 251–252. *See also*: medication  
peak experiences 521–523  
Pearson, Carol 62  
Peck, Scott 137, 138  
pelvic pain 295  
Pennebaker, James 157  
People's Republic of China 537  
peptic ulcer 258–259, 274  
Perera, S. B. 392  
perinatal experiences 46, 59–65, 518–519, 534  
    in film 504  
Perls, Fritz 419–422  
permission 181–183  
perpetrator 91, 191, 196–198, 200, 206–207,  
    286, 306  
Personal Orientation Inventory 519  
personality disorder 103  
peyote ceremony 140  
pH level 53–58, 272  
pharyngitis 276  
phenothiazines 242–249  
Phillips, Maggie 206  
philosophy 504  
phobia 81, 118, 177, 244, 274, 303, 305,  
    517–519  
*phren* 270  
phylogenetic memories 262  
physical healing 99–100, 257–310  
physical symptoms 257–310, 488–489  
physics, modern 470–473  
Piaget, J. 457  
Pierrakos, Eva 62  
*Pingala* 377–379  
Plotinus 454  
Pluto 43, 63–65, 350–351, 356–361, 366–371,  
    507–511  
PMS 303–306  
*pneuma* 270  
pneumonia 262  
poetry 162–165, 174, 214, 312, 374, 492, 514  
poliomyelitis 274  
Polycythemia Vera 297–299  
Portugal 537  
possession 450  
Post-Traumatic Stress Disorder 52, 60–62, 192,  
    243–252, 292–296, 444–446, 518, 563  
powerlessness 60  
*prana* 270, 376–379, 460–461  
*pranayama* 270, 376–379, 385–389, 489  
*pranotthana* 380–384, 388. *See also* *prana*  
prayer 30  
pre-menstrual symptoms 303–306  
pre-trans fallacy 456  
precognition experiences 116, 298–299, 326–327,  
    505–511  
pregnancy 569  
Preisig, Maya 502  
premenstrual syndrome 303–306  
premonitory experience 115–116, 298–299,  
    326–327, 478, 505–511  
prenatal 484, 496  
    crisis 275  
    trauma 275. *See also*: birth trauma  
prepersonal consciousness 62  
Price, Dick 371  
Priest, archetype of the 367  
Primal Therapy 48, 262  
prison 265  
projection 80–83, 319, 552  
Prokain 263  
Prometheus 65, 364–371  
Prosnick, Kevin 63–65  
protection 181–183. *See also* Holotropic Breathwork:  
    experiences: safe container for  
Prozac 242–249, 251–252  
pseudoangina 272  
psoriasis 258–273. *See also*: skin disorders  
psychedelic research 265–268, 455–458  
psychedelic sessions 69, 262, 265–268, 362,  
psychedelics 69, 74, 118, 231, 265–268,  
    355, 362, 365–371, 404, 495, 504,  
    541, 546. *See also* Multi-Disciplinary  
    Association for Psychedelic Studies  
psychiatry 52, 59–62, 80–83, 103–107,  
    177–180, 184, 188, 201–203, 210–212,  
    225, 239–252, 257–272, 303–306, 362,  
    397, 538–541, 543, 546, 551–556, 563,  
    565–566  
psychic opening 359  
psychic phenomena 211–212, 317  
psychoanalysis 548  
psychogenic asthma 258, 260  
psychoneuroses 258–273  
psychophysiology 532  
psychosis 248  
psychosomatic disorders 262, 270  
psychosomatic symptoms 144, 257–310, 488,  
    517, 548  
    multicausality of 261  
    resolution of 257, 275  
psychospiritual crisis 144, 240  
psychotherapy 30, 51–52, 59–62, 104–107, 121,  
    148–150, 160, 188–193, 201–207, 231,  
    244–252, 407–411, 486–489, 504,  
    525–530, 543, 548, 550–552, 563, 577  
psychotherapy, group 104–107  
psychotic disorders 240, 244

PTSD 52, 60–62 192, 243–252, 292–296,  
444–446, 518, 563  
Pueblo tribes 415

## Q

Q'espí, Don Manuel 499  
*Qi Qong* 285–287  
quantum mechanics 470  
questionnaires for Holotropic Breathwork 577–586

## R

rage 191, 193, 199, 201–207, 234, 251–252  
258, 283, 294–295, 360, 391  
Ralston Prize 496  
Ram Dass 92, 371, 495, 499  
*Rama* 463  
Ramsey, Ingrid 355  
Rank, Otto 455–458  
rape 90, 196, 200, 505  
Rashid, Ingo Taleb 499  
Ravana 463  
Ramsey, Ingrid 355  
Rank, Otto 455–458  
rape 90, 196, 200, 505  
Rashid, Ingo Taleb 499  
Ravana 463  
Ray, Sondra 480, 542  
Raynaud's Disease 274, 276, 282, 518  
re-enactment of trauma 192  
re-traumatization 175–180, 207  
  lack of touch as 565–566  
rebirth 360, 430  
rebirthing 48, 239, 262, 282, 477–482,  
488–489, 542–544. *See also* Holotropic  
  Breathwork: rebirthing and water 542  
Recapitulation 336  
recovery 60, 120, 132, 135, 148, 215–219,  
221–223, 232–235, 394, 524  
  at Sunflower House 132, 227–229  
regret 334, 387  
Reich, Wilhelm 261, 307  
reincarnation 265, 399, 437–439.  
  *See also*: past-life experiences  
relativity theory 470–473  
REM sleep 74  
respiratory tract infection 273  
research with Holotropic Breathwork 53, 517–534  
  questionnaires for 228, 577–585  
resistance 85–86, 221–223  
retinal detachment 565  
rheumatic heart disease 273  
rheumatic fever 300  
rheumatoid arthritis 260, 288–291  
Riedlinger, Tom 504  
Ring, Kenneth 504, 519  
Riskin, Ted 59, 80

rite of passage 359  
ritual 133, 270  
ritual abuse 184–193, 209, 212, 518  
Roach, Steve 524, 527  
Roberts, Tom 504  
Rodden, Lois 353  
Rodriguez, Robert 41  
Rogers, Carl 419–422  
Rolfing 114  
Rorschach test 362  
Ross, Colin A. 210, 212  
Rossler, Max 115, 303, 468, 481  
*ruach* 14  
Rudyard, Dane 353  
Rupert, Alexander 353  
Russell, Peter 257  
Russia 494–495, 532, 537, 542–544  
Russian Academy of Science 531–532

## S

Sacred Marriage 369  
sacrifice 224, 360, 506  
Sadhana Institute 557–559  
sadness 67, 86, 100, 332, 360, 488–489  
somasochism 196  
Sakorian, Frances 353  
*samadhi* 423, 461, 465–467  
*Samoyed* shamanism 409  
Sanders, Jeff 504  
Sanella, Lee 382  
Sanskrit 375–379, 382, 459  
Sartre, Jean Paul 50–51  
Sasportas, Howard 353  
Saturn 63–65, 351, 357–361, 367–371, 492,  
507–511  
Scandinavia 164, 545–546  
scar tissue 282  
Schaeff, Anne Wilson 391  
Schildkraut, Joseph 246  
Schizo-Affective Disorder 243–249  
Schizophrenia 81, 247  
Schlerodermia 164, 165  
science 503–504, 517, 551  
Scientology 262  
Scoliosis 303–306  
Scotland 537  
Second Matrix 59–65, 71–72, 75, 82–83, 90–91,  
118, 132, 191, 196–198, 224–226, 252,  
285, 335, 350–351, 371, 431–436,  
438–439, 456–458, 505–511, 540–541  
Seelig, Mark 347, 385  
Seitz, Susan 499  
Selye, Hans 260

- self-esteem 88  
self-harm 177, 185–187  
self-hypnosis 424  
self-mutilation 185–187  
Self-Relations 430–436  
Sengoku, Mari 504  
*September 11, 2001* 505–513  
serotonin 222, 242–249. *See also:* antidepressants  
set and setting 143–144, 183, 322, 485. *See also:*  
    Holotropic Breathwork: experiences: safe  
    container for  
Sevastianov, A. 533  
sexual abuse 32, 46–48, 92, 113, 177–180,  
    188–193, 196–200, 208–209, 304–306,  
    384, 424  
sexual dysfunction 258, 261  
Shaalán Center for Mental Health and Human  
    Relations 553  
Shaalán, Mohammed 553  
shadow self 450, 495  
Shaivism, Kashmir 30  
*Shakti* 44, 376–379  
*shaktipat* 382, 382–384, 384  
shamanism 119, 134, 211, 334, 367–371, 382,  
    403–416, 455–458, 494, 504, 527–530,  
    538, 546, 548  
shame 87–89, 178, 196–200, 283, 285–287,  
    293–296, 324  
Sharing Group, the Holotropic Breathwork 87,  
    170, 182, 459–461, 479, 552, 564–566  
    *See also:* groups  
    experience in 294  
    group facilitation skills in 128  
    self-disclosure in 107  
    use of language in 88  
Shiva 43, 377–379, 382, 392–394, 463,  
    508–511  
Shostrom 519  
Shrieve, Michael 486  
Siegel, Bernie 279–283  
Silver, Jack 313  
Silver, Kathleen 332, 334  
sinusitis 264, 276, 292, 518  
*Sioux* tribe 415  
*Sita* 463  
Sitter/Breather relationship 67  
Sitting 313–315, 339–341, 564  
    duties of a Sitter while 564–566  
    getting triggered while 192  
    the gift of 66–67, 313–315  
skin rash 258, 260–261, 275, 303–306  
sleep-deprivation 406  
sleep, REM 74  
Sloan, Ken 139, 543  
Sloan, Petra 139, 543  
Slovakia 537  
Smith, Margaret 212  
Snyder, Gary 404  
Socrates 258  
SoulCollage 158, 168–172, 183  
Sounds True 493  
South Africa 166, 537  
South America 547–549  
Sovatsky, Stuart 375–379, 385  
Spain 537  
Sparks, Cary 46, 504  
Sparks, Tav 41, 73, 233, 294, 339, 355, 435,  
    464, 470, 499, 504, 544, 545–550, 558  
sphincter 283  
spiritual emergence 228–229, 248–249, 287, 392  
spiritual emergency 117–122, 144, 252, 316,  
    319–322, 358–359, 392–393, 407, 426,  
    543, 551  
Spitz, Mark 366  
Spivak, Dmitri 531–532  
Spivak, L. 531–532  
sponsorship 431–436. *See also:* Self-Relations:  
    sponsorship in; Twelve-Step Programs  
Spring, Cindy 135  
squamous cell carcinoma 326. *See also:* cancer  
SSRIs 242–252. *See also:* antidepressants  
St. Bernard 405  
St. John's Wort 242  
stammering 258–273  
stages of dying 439  
stages of grief and change 437–439  
Stanford University 496  
Star Trek 267  
Starr, Loriel 174, 312  
state-specific memory 80–83, 427  
Steckel, Wilhelm 261  
Steckling, Sandy 288  
Steele, Kathy 184  
Stelzner, Matthew 345, 350, 352, 355, 362  
Stevens, Wallace 51  
stigmas 258  
Stocke, John 470  
Stone, Hal and Sidra 440  
Strassman, Richard 499  
stress 97, 106, 244–249, 260, 271, 439, 487,  
    525–526  
stroke, cerebral 55–58  
substance abuse *See:* addiction  
suffering 99  
Sufi 33, 489  
suffocation 269, 274



- suicide 243–249, 251–252, 266, 285, 359, 444–446, 517–519  
 suicide attempts 177  
 Sullivan, Melody 71, 232, 300, 374, 492, 505, 514  
 Sun 350–351, 356–359, 367–371, 508–511  
 Sun Dance 405, 415–416  
 Sunflower House 132, 227–229  
 surrender 41, 464, 466–469  
*sushumna* 381–384, 388–389, 396  
*Sutralian Unmatjera* shamanism 409  
 sweat lodge 140, 233  
 sweating 258  
 Sweden 537  
 Switzerland 495, 502–503, 537–538  
 synchronicity 92–93, 317, 338–341, 435–436, 501
- ## T
- Tai Chi* 30, 32, 340, 498  
 talking stick 135  
*tandra* 459–460  
 Tantra 29  
 Tantric Buddhism 455  
*Tao Te Ching* 75  
 Taoism 452  
 Tarcher, Jeremy 504  
 Tarnas, Richard 63–65, 345–346, 348, 350, 352, 355, 358–359, 362, 364, 499, 504, 508–511  
 Tarot 169  
 Tart, Charles 543  
 Tayahashi Syndrome 518  
 Taylor, Kylea 66, 72–76, 84, 132, 142, 145, 148–149, 158, 168, 181–183, 227, 233, 338, 430, 459, 483, 493–494, 496, 504, 537, 558, 579, 582  
 telepathy 531  
 Temporomandibular Joint Disorder 292–296  
 Tepfer, Thomas A. 123, 303  
 Teresa, Mother 126  
 terror 69, 90, 178, 191, 199, 204–207, 285–287, 319  
 terrorism 505–513  
 tetany 271–272, 276, 482  
 Thailand 537  
 The Inner Healer 79, 85–86, 121, 168–172, 182–183, 195, 204–207, 290–291, 297–299, 319, 322, 346, 351, 400, 428–429, 433–436, 446, 467, 478–482  
*The Healing Breath* 172  
 Therapeutic Community 227–229  
 therapy 29, 30, 59–62, 68–70, 113–114, 160, 166, 182, 188–193, 193, 195, 203, 226–229, 419–446, 517–523, 546  
   combined with Holotropic Breathwork 223, 487–490  
   for addictions See: addiction  
   group See: group therapy  
   Voice Dialogue in 440–441  
   with couples 419–422  
 Third Matrix 59–65, 72, 90–91, 190–191, 196–198, 224–226, 316–318, 335–337, 363, 406–411, 438–439, 456–458, 505–511  
 thyroid 281–283  
 Tibet 231, 507  
 Tibetan medicine 164  
*tic douloureux* 266  
 tics 258, 266  
 Tjarkovsky, Igor 542  
 Toastmasters 128  
 Tolkien, J.R.R. 62  
 Tompkin, Sue 353  
 tonsillectomy 262  
 tonsillitis 276  
 touch See: focused energy release work; bodywork  
 toxic womb 358–359  
 Trager Therapy 329  
 trance 423–425. See also hypnosis  
 tranquilizer 265, 275, 340 See also: medication  
 transcendence 81, 496–497  
 transcendent function, Jung's 420–422  
 transference 193, 319  
 Transformation of Trauma Vortex 182  
 transpersonal 30, 46, 148, 221, 223, 262, 275–276, 420–422, 425, 454–458, 487–489, 518–519, 526, 531, 534, 542–544, 551–552. See also Holotropic Breathwork: and transpersonal therapy  
 trauma 46, 52–58, 68–70, 80–83, 91, 94, 113, 117–122, 148–150, 175–193, 196–198, 201, 205–207, 243–249, 258–273, 276, 292–296, 301–302, 305, 323–325, 331, 336, 384, 397, 443–446, 456, 481–482, 487–489, 505–511, 513, 525–526, 571–574, 582  
   birth 113, 225, 274, 456–458, 482, 539  
   childhood 85, 90, 92, 99, 113, 175–180, 184, 188–193, 196–200, 208–209, 217, 304–306, 332, 360, 384, 424  
   effects of 176  
   flooding with memories 185  
   healing of  
     in non-ordinary states 85–86, 99–100, 181–193, 196–209, 230–238, 336

trauma (cont.)  
  memories of 205–207, 209, 211,  
    251–252, 337  
  re-enactment of See: retraumatization  
  re-experiencing 222  
  secondary traumatization from 193  
  societal effects of 175  
  statistics 177  
trauma, memories 185, 572–574  
trauma survivors 184–187, 197, 250  
  guidelines for working with 184  
Trauma Vortex 182  
tremors 258  
*tres passos* 472  
Trousseau's Reflex 271  
Trump, Donald 126  
Trumpa, Chogyam 231  
trust 69, 70, 92, 141, 215–219  
trusting the process 70, 72, 79, 85–86, 93,  
  101–102, 193, 207, 216, 297–299,  
  324–326, 338–341, 435, 467, 479–480,  
  540–541  
Twelve Step (12-Step) programs 60, 132, 135,  
  148, 215–219, 221–223, 232–235, 394

## U

UFO experiences 295, 504  
Ukraine 537  
ulcers, duodenal 276  
ulcers, peptic 276  
United States 509–511, 537–538, 541  
Uranus 65, 350–351, 356–361, 364–371,  
  509–510  
urethral stricture 284–287  
urinary problems 284–287, 295  
urinary tract infection 284–287  
Uruguay 537, 547

## V

vagina, burning sensation in 397–400  
Valerium 242  
Valium 244–249  
van der Kolk, Bessel A. 251  
Vancura, Michael 426, 538  
Vaughn, Frances 156  
Velvet Revolution, the 538  
Venus 351, 357, 365–371  
vertigo 272  
victim 196–198, 286–287  
victimization 47, 59–62, 196–198, 286–287,  
  432–436, 506–511  
Vietnam veterans 375, 380, 518

*vipassana* 383, 449–453, 458, 470–473,  
  482, 489  
virtual reality 504  
vision quest 405  
Vivation Breathwork 480, 542  
Vivekananda 370  
voice, finding one's 328–329  
Voice Dialogue 440–441  
Void, metacosmic 76, 484  
Voigt, Jon 498, 501  
vomiting 266, 274  
Vsehsvyatsky, Sergey 542

## W

Wade, Jenny 504  
Wales 537  
Walker, KiP 171–172  
Wallace, Peggy 172  
Walsh, Roger 527, 543  
war 260, 264, 269, 457, 505–511  
Warrior, archetype of the 62, 366  
Washburn, Michael 456–458  
Watts, Alan 412  
Weaver, Laurie 108, 297–298  
Weil, Andrew 157  
Weil, Piere 499  
Weinhold, Barry and Janae 136  
Weissmuller, Johnny 366  
Welwood, John 207  
Whitaker, Carl 419–422  
White, Dara 541  
Whitehead, Alfred North 51  
Whitehouse, Mary Starks 158  
whooping cough 275  
Wikstrom, Bo 499  
Wilber, Ken 29, 33–34, 62, 120, 454–458,  
  470–473, 543  
Willard, Ed 123, 125  
Williams, Oliver 512  
Williamson, Marianne 134, 138, 393  
Wilson, Bill 216  
Wilson, Kit 215  
Winnicott, D. 531  
Wisdom Circle 135–138  
Wistrand, K. 531  
Wolf, Fred 337  
Wolff, Harold 259  
Wolff, Stewart 259  
womb, toxic 300–302  
World Parliament of Religions 370  
World Trade Center 505, 512  
World War II 368, 437

## Y

*Yakut* 409

*yama* and *niyam* 383

Yensen, Richard 495, 504

*yoga* 29, 32, 121, 285, 381–384, 394,  
457–458, 548, 563–566

*yoga nidra* 459–461

yogic sleep states 71, 459–461

## Z

*zazen* 423

Zen 30, 32, 47, 385–